



Join **Juan Luis Merced** and

*Crystal Dragonfly*

for a **DRUMMING CLASS**  
(Sign Up at the Store)

\$20.00 per section which includes a drum rental which is \$5.00 + \$15.00 for one and a half hour class.  
(\$5.00 discount if you have a drum).  
\$15.00 per section if you have your own drum.

**8-Week Classes begin on Monday, October 29th, 2007**

**Program Description:** To create with students drum circle assembles of various forms of rhythms, such as African, Brazilian, Caribbean and South American. Drumming, Meditation & Basic Yoga will be introduced to play different rhythms. Reflexology spots in the hand will be discussed before we play the drums to get connected with the drum for healing.

**Curriculum / Class Agenda:**

- Monday, Oct. 29:** The connection between Reflexology and Drumming  
Building Discipline and Concentration for Drumming and Reflexology  
Basic drum rhythm and patterns utilizing Drums Technique with the Djembe, Congas, Bongos and different Percussion instruments.  
Basic Yoga Stretch - Sun Salutation to the Drum (Batacumbele)
- Monday, Nov. 5:** Drumming for Joy and Happiness  
Meditation and Listening Skills for Drumming  
Group Exercise: The African Village  
Coordination and Concentration of Drum Rhythms (Sofa and Kuku) from West Africa.
- Monday, Nov. 12:** Group Exercise: The Scat Orchestra  
Drum Rhythm Class (Afro-Che 1) and (Afro Che 2)
- Monday, Nov. 19:** Drum Rhythm Class from Puerto Rico  
Yuba Rhythm (Bomba) 6/8 and Plena 2/2
- Monday, Nov. 26:** Drum Rhythm Class from Puerto Rico and Cuba  
Salsa Rhythm 3/2 from Puerto Rico  
Guaguanco 3/2 from Cuba
- Monday, Dec. 3:** Drum Rhythm Class from Cuba  
Guaracha 3/2 from Cuba, Timba 3/2 from Cuba
- Monday, Dec. 10:** Drum Rhythm Class from Dominican Republic  
Merengue and Bachata Rhythms
- Monday, Dec. 17:** Drum Rhythm Class from Brazil and Columbia  
Bosa Nova from Brazil  
Cumbia from Columbia

**Workshops held at Crystal Dragonfly**

**145 Wall Street, Waynesville 828.456.2244**

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